



WESTSIDE YOUTH RUGBY

Parents and Players,

Welcome to the 2011 Westside Youth Rugby season. Whether you are new to rugby or are an experienced player, we will work to improve the skills and abilities of every player, so each player develops their full potential.

IN ORDER TO BEGIN PRACTICE, ALL REGISTRATION FORMS AND PAYMENT MUST BE COMPLETE AND RETURNED.

FEES & UNIFORMS:

- Team fees are \$90. Fees include TRYCO dues, USA Rugby membership dues, and team socks.

*Early Registration- \$80 before April 1st

*Late Registration- \$100 after May 6th

- Players new to Westside Rugby will receive a FREE rugby ball. Balls can also be purchased for \$15.

- Jerseys are mandatory. You can wear a jersey from a previous year (if you have one) or purchase a jersey for \$25.

REGISTRATION FORM INSTRUCTIONS:

Please complete all forms including:

- 1) Emergency Contact Information - Be certain you thoroughly read "Authorization to Consent to Medical Treatment for a Minor." Signature of parent and athlete required.
- 2) Player Code of Conduct – Read and discuss all requirements. Parent and athlete initials required for each of the four items, and signature of parent and athlete required.
- 3) Waiver and Release of Liability – Read thoroughly. Signature of and parent and athlete required.
- 4) Parent Code of Conduct- Read thoroughly. Signature of all parents required.

Checks should be made out to "Westside Youth Rugby". Credit card/PayPal payments are accepted on our website.

Forms are computer friendly and text can be entered directly on the form, or you may print them and complete them in clear hand-print. Please be sure all forms are filled out according to the instructions provided. If you have any questions, please contact me.

Thank you

Gary Hobbs

Westside Youth Rugby, Program Director

5450 S. Youngfield St

Littleton, CO 80127

Phone: 303-549-2032

E-mail: westside_rugby@q.com

www.westsideyouthrugby.com



Westside Youth Rugby Information Sheet

Team Colors: *Black and Gold*

Uniforms and Equipment:

- ***Mouth-guards*** are a very important piece of safety equipment. All Westside players are required to wear a mouth-guard to prevent dental injuries and concussions.
- ***Jerseys*** are required. You may wear your Westside jersey from a previous season (if you have one) or purchase a new one for \$25.
- ***Rugby Shorts*** (not provided) are essential for our tackle rugby teams. Due to heavy physical contact on the contact teams, regular shorts will not stand up to the abuse, and will get torn off during play. Tackle players will need to purchase black rugby shorts. Touch players will need to wear black athletic shorts.
- ***Socks*** will be provided.
- ***Cleats*** are recommended for all levels of play. Tackle players can wear rugby or soccer cleats. Touch players can wear football, soccer or rugby cleats. (Baseball cleats are not permitted.)
- ***Headgear and Shoulder Protection*** can be purchased by tackle players wanting a little extra protection.
- ***Rugby Balls*** will be provided to players who are new to Westside Rugby. Balls are available for purchase for \$15 each. The touch teams will use size 3 balls and the tackle teams will use size 4 balls.

Red Rhino Sports is the Official Sponsor of Westside Youth Rugby. Please support our sponsor, by visiting their online rugby store, www.redrhinosprts.com



Resources:

- Westside Youth Rugby: www.westsideyouthrugby.com
- SWARM Boys Rugby: www.swarmyouthrugby.com
- SWARM Girls Rugby: www.swarmgirlsrugby.com
- USA Rugby: www.usarugby.org
- Rugby Colorado: www.rugbycolorado.com



Westside Youth Rugby

EMERGENCY CONTACT

AUTHORIZATION TO CONSENT TO MEDICAL TREATMENT FOR A MINOR

ENTER TEXT DIRECTLY ON THIS FORM OR FILL OUT BY HAND IN CLEAR PRINT.
PLEASE COMPLETE ALL INITIALS & SIGNATURES BY HAND.

ATHLETE'S NAME _____ AGE _____ GENDER _____

ADDRESS _____

CITY AND ZIP _____

HOME PHONE _____ CELL PHONE _____

SCHOOL _____ GRADE _____

E-Mail _____

SHOE SIZE (for socks) _____

List two persons to contact in case of Emergency:

PARENT/GUARDIAN _____

ADDRESS _____

CITY AND ZIP _____

HOME PHONE _____ WORK PHONE _____

CELL PHONE _____

SECOND CONTACT _____

ADDRESS _____

CITY AND ZIP _____

HOME PHONE _____ WORK PHONE _____

CELL PHONE _____

Important Information

INSURANCE COMPANY _____ POLICY NUMBER _____

PHYSICIAN'S NAME _____

PHONE _____

ARE YOU ALLERGIC TO ANY DRUGS? _____ IF SO,
WHAT? _____

ALLERGIES, IF ANY? (i.e., bee sting, dust) _____

DO YOU SUFFER FROM:

ASTHMA? _____ DIABETES? _____ EPILEPSY? _____

ARE YOU ON MEDICATION? _____ IF SO

WHAT? _____

HAVE YOU HAD ANY CONCUSSIONS? _____ IF SO

WHEN? _____

PREVIOUS INJURIES? _____ IF SO, PLEASE LIST INJURIES AND

WHEN? _____

I, _____ (parent or guardian) of
the city of _____ in the county of _____, Colorado,
do hereby state that I am the natural parent or legal guardian having custody of
_____, a minor, age _____, born
_____.

In connection with my child's participation in rugby, I authorize any accompanying adult bringing my child to your treatment facility to consent to any x-ray, examination, anesthetic, medical, or surgical diagnosis or treatment, and hospital care to be rendered to the minor under the general or specific supervision, and on the advice of any physician or surgeon who is licensed to practice when the need for such treatment is immediate and when efforts to contact me are unsuccessful. I understand that I assume all liabilities and expenses for the above. I waive all claims against the above referred to adult, physicians, hospitals, and their employees, ambulatory care, etc. In connection with the decisions for such immediate care.

SIGNED _____ **DATE** _____

PARENT or GUARDIAN

SIGNED _____ **DATE** _____

ATHLETE SEE OTHER SIDE



Westside Youth Rugby

CODE OF CONDUCT

As a member of the Westside Rugby Club I agree to abide by the following code and to promote fair play and sportsmanship at all times towards coaches, teammates, opponents, and match officials. I also understand that I will be responsible for my actions and any consequences resulting from violation of this contract.

1. I realize that as a member of the team, we must all participate in all team practices, matches and meetings. I accept the responsibility of being at practice, on time, for at least 75% of the practice sessions held, and making myself available for all matches, and meetings. I realize this means I have to take responsibility of staying out of trouble in general. I accept that if I do not follow this code, I may not be selected to a starting position for the next match. _____ (Parent and Player Initials)
2. The use or possession of tobacco, drugs, including steroids, or alcoholic beverages in any form will not be tolerated regardless of quantity. Any violation occurring at any time during the present season will result in a suspension for the rest of the season from the Westside Rugby Club and from participating in the Colorado Youth Rugby league. _____ (Parent and Player Initials)
3. The use of profane language is not acceptable and will not be tolerated. This includes directing language to Opponents, coaches, match officials, and spectators. Violation can result in placement in the "Sin Bin" as instructed by the referee. Westside Players violating this rule may be removed from the team. Repeated offenses will result in my being sent out of the match and reports being sent to the Eastern Rockies Rugby Football Union for disciplinary action including suspension from play. _____ (Parent and Player Initials)
4. I agree to abide by the rules of play as set forth and explained in the text of the USARFU Handbook and Laws of the Game for the 2011 season. As the laws state in incidents of "foul play" i.e., fighting, taunting, or dangerous play, I will be subject to placement in the "Sin Bin" as instructed by the referee. Westside Players violating this rule may be removed from the team. Repeated offenses will result in my being sent out of the match and reports will be sent to the Eastern Rockies Rugby Football Union for disciplinary action including suspension from play. This Contract is in effect as of the signing date until the culmination of the current season to include playoffs and Championship matches. _____ (Parent and Player Initials)

AS THE PARENT OF _____, I have read the above rules and I understand that my son/daughter will be governed by these rules as a player for the Westside Rugby Club, TRYCO, Colorado Youth, Rugby, the Eastern Rockies Rugby Football Union, and USA Rugby.

SIGNED _____ **DATE** _____
PARENT or GUARDIAN

SIGNED _____ **DATE** _____
ATHLETE



Westside Youth Rugby Waiver and Release of Liability

By signing this Contact Form the player (if the player is at least 18 years old) or a player's parents/guardians (if the player is less than 18 years old) acknowledge that rugby is a fast paced sport involving vigorous contact among players, during both games and the preparation for games (together hereinafter referred to as "rugby"), and that inherent in rugby are risks of significant physical injury, even paralysis or death. The player and the parents/guardians represent that they have read this release, understand its meaning, and, in order to participate in rugby, or have their minor children participate in rugby, voluntarily waive their own potential future claims. In consideration for enjoying the benefits of rugby, or for allowing the minor children to enjoy those benefits, the player (if at least 18 years) or the parent/guardian (if the player is less than 18 years) hereby assume all risks associated with participation in rugby, and hereby waive in advance all of their own claims against the Colorado Youth Rugby, TRYCO, Westside Rugby, sponsoring persons and organizations, coaches, officials, other players (on any team), their parents, and the persons owning or providing the space for rugby (hereinafter together referred to as "releases"), and agree to hold harmless AND

Indemnify the releases regarding any claim belonging to the player (if at least 18 years) or to the parent (if the player is Less than 18 years) premised upon any injury to a player, or to the parent/guardian, caused in whole or in part by any action or inaction by a release (including a release's negligence), in connection with rugby, with travel to or from rugby, or with rugby-oriented social activities sponsored or hosted by a release.

SIGNED _____ **DATE** _____
PARENT or GUARDIAN

SIGNED _____ **DATE** _____
ATHLETE



Parent Code of Conduct:

Westside Youth Rugby Club

1. I agree to encourage and help my son / daughter meet goals including the player code of conduct and the rules and guidelines of the Team.
2. I agree to promote fair play and sportsmanship at all times towards coaches, teammates, opponents, referees and league officials.
3. I will be a positive role model on the sidelines at all times.
4. I agree to be a good behavioral example for my son / daughter and other players.

We, the undersigned have read the above rules and I understand that we will be governed by these rules as parents for the Westside Youth Rugby Club, TRY Youth Rugby league & Rugby Colorado (Colorado Youth Rugby).

We understand that violating any of these rules may result in disciplinary action and/or dismissal from the Team / league.

SIGNED _____
DATE _____ **PARENT or GUARDIAN**

SIGNED _____
DATE _____ **PARENT or GUARDIAN**

